



FUZE Winter –Break Camp starts Monday, Dec. 20<sup>th</sup>-30<sup>th</sup> – please call to register

FUZE Updated [Schedule](#) Enhancements:

1. New Classes including [SportsFit™](#), for 9 Yrs+, featuring Hockey, Football, Basketball, Soccer, and Baseball Drills with Coach Anthony Riche on **Mondays & Wednesdays, 5:45-6:45p** – space is limited to first 20 kids – call to register;
2. Advanced-level [Black Belt Martial Arts](#) development program with Coach and Master Suro Jason Inay, on **Tuesdays & Thursdays, 6:15-7:15p** – call to register;
3. Advanced-level **TEAM FIT™** multi-sport athletic conditioning for 9 yrs.+ with Senior Coach Matt Oliver on **Wednesdays & Fridays, 4:15-5:15p**, *by invitation* – call to inquire;
4. Beginner – Intermediate [Hip-Hop](#) classes for ages 5-15 yrs. with Instructor Choreographer Lamont Jones, on **Mondays & Wednesdays, 5:15 – 6:15pm**, space limited – call to inquire
5. FUZE [Afterschool SHUTTLE #2](#) to commence pickups at local schools for our **Extended Care Program** January 3<sup>rd</sup> – space is *limited to first 12* students M-F – call to inquire – featuring workout classes, plus homework assistance and tutoring with **Teacher Amanda**.
6. FUZE [KinderFit](#) classes now offered **Mondays & Wednesdays, 12:00 -12:45p** for all early-Kinders and those 4-6 years – drop in or call

**2010 Highlights & Year-End Reflections:**

- FUZE donated more than \$2,500 to local schools including [LGEF®](#), with our [FIT 4 SCHOOL™](#) free give-back program as well as ACS' Relay for Life®, and Girls on the Run®
- Welcomed more than **3,000 new kids** and teens to FUZE programs, services and [Parties](#)
- FUZE was named **BEST of BAY AREA™ Children's Fitness Center in South Bay!** and maintained its **5-Star [Testimonials](#) on YELP®**
- Released updated schedule featuring our proprietary [Intelligent Sports Conditioning™](#) coaching platform to reduce injury, develop athletic potential, and an appreciation for fitness – call to learn about classes, teaching concepts and full curriculum details
- FUZE announced its Group Discount & [Corporate Programs](#) for local businesses.
- FUZE welcomed over 200 kids to our [Ultimate Summer Camp III](#) – call to inquire
- FUZE remained *100% injury-free*, and earned the [Positive Coaching Alliance's SEAL OF COMMITMENT®](#) for Double-Goal coach certification
- In less than a day, FUZE sold more than 350 Groupon® Memberships, holy cow!, hence, space is limited, so inquire about your Membership options and [Rates](#) today – use your IRS Dependent Care \$

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