

## RELEASES, WAIVER, AND INDEMNITY AGREEMENT

**This waiver is required for all guest visits, party hosts/guests, campers, class attendees, and prospective after-school members.** Please fill this out legibly in case we need your contact information. We respect your privacy and do not sell or forward your contact information. Please come in or call in ahead of time to sign up in advance for all classes. Payment is due before the class is taken, i.e.: we bill one month in advance. Those wishing to sign up for a camp or after-school session will secure a space upon receipt of payment. Individually scheduled sessions will only be officially scheduled when payment is current. Those that cancel individually scheduled sessions (i.e.: personal training) <12 hours before the time of the class will not receive a refund of payment, nor class credit.

## CLASS POLICIES

Students may only touch/use equipment specifically used for their class Please bring a water bottle for your child so they are properly hydrated during class. Classes may be observed from the lobby at any/all time(s). Private, semi-private and group classes may be scheduled for any youth activity, p.e. field trip or after-school event. No running or yelling on the workout floor. Ipods, phones are not allowed on the workout floor. Play fairly, listen attentively, respect each other, and HAVE FUN! Now **GO, PLAY and ACHIEVE!**

## PARENT/GUARDIAN/RESPONSIBLE ADULT

Are you here at FUZE for a party? \_\_\_\_\_

Child's last name: \_\_\_\_\_ First name(s): \_\_\_\_\_  
Age(s): \_\_\_\_\_ School: \_\_\_\_\_  
Health conditions (if any): \_\_\_\_\_

E-mail: \_\_\_\_\_ @ \_\_\_\_\_

Are you interested in: Camps? \_\_\_\_\_ After-School Classes/Extended Care? \_\_\_\_\_ Parties? \_\_\_\_\_ 1-on-1? \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Work/Cell phone: \_\_\_\_\_ Other : \_\_\_\_\_  
Emergency contact: \_\_\_\_\_ Emergency phone number: \_\_\_\_\_

I hereby affirm that he/she is in good physical condition and does not suffer from any disability that prevents or limits his/her participation in this exercise program. In consideration of my child's participation in a FUZE Fit For A Kid! I have enrolled my child in a program of physical activity including, but not limited to aerobics, dance, rock climbing, homework assistance, parties, and circuit training offered by FUZE Fit For A Kid!. I/we understand and am aware that strength, classroom style instruction, flexibility, aerobic exercise, interactive fitness, and traditional exercise equipment and training are a potentially hazardous activity. All of the physical exercise, counseling, and activities at FFFAK involve certain inherent risks. program, I hereby release FUZE Fit For A Kid! (employees, managers, shareholders, and contractors), from any claims, demands and causes of action arising from his/her participation in the exercise program. I realize there are physical risks when participating in a program of physical activity including accidental or unintended death or injury. I hereby release FUZE Fit For A Kid! from any liability now or in the future including, but not limited to, pulls or tears, broken bones, shin splints, heat prostration, knee/ lower back/foot injuries and any other illness, soreness or injury however caused, occurring during or after my child's participation in the exercise program. You further release FFFAK from any liability in the course and provision of emergency treatment or assistance to your minor child. You also provide us with express permission to utilize your child's likeness/photograph in our commercials, videos, or related materials.

**I have read, understand and accept all policies.**

Parent's signature: \_\_\_\_\_ Date: \_\_\_\_\_

## DRESS CODE

Wear tennis/athletic shoes for all classes, camps and events (no sandals, crocs or heels/lys). Sweatpants, shorts, or dance pants/workout tights are appropriate (no jeans or half-tops please). No gum or food is allowed in the studio. No visible tattoos. No IPODS, PDAs or cell phones (place in locker or cubby). PLEASE BRING A WATER BOTTLE TO YOUR NEXT FUN, WORKOUT. Please bring appropriate snacks as you deem fit for your child(ren) – our kitchen is at their disposal.